

JOY

For the joy set before Him He endured the cross, scorning its shame (Hebrews 12:2).

A few weeks ago we celebrated Easter, reflecting on Jesus dying on the cross, rising again and ascending to glory. I was left with a recurring awareness that the King of the whole universe endured all that He did for the joy that was set before Him, which we know now was defeating death and restoring the relationship between God and man, as was the joy of first creation.

I would wake at 5am some mornings and feel like Christ was there at the end of my bed ready to talk, and I felt privileged that He would consider time with me as joy. What's even better is that when I would drag myself out of bed, grab my bible and share time with Him, it actually became *my* joy, even at 5am!

Here-in lies the beauty of why worship is so important for us; turning our attention to Christ



and sacrificing the comfort of extra sleep, or another Netflix film, to glorify Him, yields more for you than you might realise.

God knows who He is, He is Almighty (El Shaddai). He is all-sufficient, possessing within Himself every quality, ability and attribute, lacking nothing. In the act of taking our eyes off ourselves

and delighting in Him, He reveals to us one of His greatest names: Immanuel - God is with us.

Can you even begin to imagine that the King who has power over all, the highest name that could ever be named, is now ready and waiting for *you*; for the pure joy of developing your relationship, delighting in you and meeting your needs?

Jesus endured the pain and humiliation of the cross, for the joy of redeeming *you* and calling you His own. *Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful and worship God in reverence and awe.*

(Hebrews 12:28)

Mike Currie

Sunday 14 April

The Mission of God: Faith

At St Paul's...

10am THE TEN - David Senior

11:30am REFLECTIVE COMMUNION

6pm THE SIX - David Wright

At St Barnabas...

10:15am Service - Sam Neill

Sunday 21 April

The Mission of God: Restoration

At St Paul's...

10am THE TEN - David McKie

6pm UNITED AT SIX

At St Barnabas...

10:15am Service - Paul Dever

Prayer at St PB - for details and Zoom connections, go to [Weekday Prayer](#)

Morning Prayer

10-10:30am Mon, Wed & Fri

Kingdom Come

8pm Wednesday 12 June

Evening Prayer

8:30-9pm Thursdays

St Paul's, 15 Northey Avenue, Cheam SM2 7HS

St Barnabas, Temple Road, Epsom KT19 8HA

office@stpb.co.uk

020 8224 9838

www.stpb.co.uk

Office hours 9:30am-1pm Monday to Friday

FOR YOUR PRAYERS

Please pray for:

- Those who have recently given their lives to the Lord, that they would daily grow deeper in faith and that the Discipleship Explored course would help people in their journey with Jesus
- Mission Partner Sutton Community Works, as they see increased demand across all their projects for the resources to meet those needs and particularly for more volunteers
- An end to wars in places like Ukraine and Gaza – for aid to reach those affected, and comfort and peace for the family and friends of those who have been killed

Prayer is available during our Sunday services and our monthly prayer meetings.

DISCIPLESHIP EXPLORED

Tuesday evenings 8pm starting on 16 April at St Paul's. A series based on the book of Philippians, full of stories about the reality of being a Christian in today's world. Discover what it means to live in the love of our risen Saviour.

Sign up: saintpauls.co.uk/discipleship

MID WEEK FOCUS

Wednesday 17 April 2:30pm at St Paul's. Come for tea, cake, a chat and a craft activity £3. Sign up: gill.mckie@googlemail.com / 01372 273245

REFLECTIVE COMMUNION

Wednesday 23 April 11am at St Paul's. A simple communion service with organ-led worship.

FOOD FOR THOUGHT

The next event is **Wednesday 1 May 11:30am** at St Paul's. Barrister James Wakefield KC will speak on 'Does God Love Lawyers?' followed by a tasty lunch. Sign up online: saintpauls.co.uk/foodforthought

UNITED AT TEN BREAKFAST

Sunday 5 May 9:30am at St Paul's. Come for breakfast before United at Ten. Everyone welcome for pastries and bacon butties. Although food is free, please sign up: saintpauls.co.uk/breakfast

MARRIAGE COURSE

Starts on both **Tuesday 7 May at 7.30pm** and **Sunday 12 May at 10.10am**, fortnightly at St Paul's. Whether newlyweds or married for years, this is a great opportunity for couples to invest in their marriage. We'll be running two courses alongside one another (Tuesday evenings repeated on Sunday mornings). Dinner will be provided on Tuesdays, with coffee and pastries on Sundays. Sign up online: saintpauls.co.uk/tuesdaymarriage or saintpauls.co.uk/sundaymarriage

HUB CAFÉ IS OPENING

Thursdays 10am-2pm, starting 25 April at St Paul's. Samuel's Artisan Bakery is coming to The Hub. Whether you fancy dropping by for a coffee, pastry or a tasty freshly made sandwich, we'd love to see you. Invite your friends and spread the word!

FOOD BANK DONATIONS

This week, the Food Bank would be grateful for squash, shower gel and tinned fruit.

More information: goodcompany.org.uk

AN EVENING WITH LOU FELLINGHAM

Friday 26 April 7:30pm at Merland Rise Church, Tadworth. Lou is a well-known worship leader and speaker. Book online: merlandrisechurch.org.uk

WORSHIP NIGHT

Friday 10 May 7:30-9pm at St Paul's. Come, let us worship our King! A monthly space where OLDR Youth and Young Adults can gather to praise our great God and spend time in His presence.

ELECTORAL ROLL AND APCM

The Parish Electoral Roll is due its annual revision you can check your name on the list in the Welcome Area at St Paul's and St Barnabas from **Wednesday 24 April**. It would also be appreciated if you could make sure your contact details are correct in ChurchSuite: saintpauls.churchsuite.com (address, phone, email) and update if necessary.

If you wish to be added to the Electoral Roll, please return an application form to the St PB Office by **Monday 6 May** (these will be available in the Welcome Area or online: saintpauls.co.uk/APCM). Applications received after this date can't be entered until after the Annual Parochial Church Meeting (APCM) on **Wednesday 22 May**. Please note, this year there are no vacancies on Deanery Synod or PCC (Parochial Church Council).

GIVING TO ST PAUL'S & ST BARNABAS

God's work at both churches is funded by our church family and we encourage planned giving. Information on how to give regularly is available online at saintpauls.co.uk/donate (Charity No 1128212) or stbarnabas-epsom.org.uk/giving